

FRIDAY THE 13TH

LUCKY OR NOT, THESE DEALS ARE HOT!

SPECIALS VALID FRIDAY 13 MARCH 2026 ONLY!



R13
each
Avocados



R13
each
Mangoes



R13
each
Cayenne Pineapples



R13
each
Packham Pear Thriftpacks 1 kg



R13
each
Banana Thriftpacks 700 g



R13
each
Golden Delicious, Flash Gala, Granny Smith or BigBucks Gala Apple Thriftpacks 1 kg



R13
each
Food Lover's Butternut, Pumpkin & Sweet Potato 500 g



R13
each
Fig Punnets



R13
each
English Cucumber, Lettuce Prepacks or Cocktail Tomato Punnets



R13
each
Farm Fresh Cabbages



R13
each
Carrot Thriftpacks 1 kg



R13
each
Yummi Carrots 500 g



R13
each
Potjie Potato or Pickling Onion Thriftpacks 1 kg



R13
each
Onion Thriftpacks 1 kg



R13
each
Food Lover's Diced Butternut or Pumpkin 500 g

BAKERY



any 6 for
R13
Hot Dog Rolls or Hamburger Buns



R13
each
Rustic Baguette Made with Stoneground Flour



3 for
R13
Savoury Rolls



any 2 for
R13
Fondant Doughnuts



R13
each
Tartlets with Vanilla or Chocolate Base Assorted



3 for
R13
Cocktail Sausage Rolls

BUTCHERY



R13
per deal
Beef Burger Patty 1 x 100 g



R13
per deal
Beef Prego Steak 1 x 120 g



R13
per deal
Beef Sossatie 1 x 120 g



R13
per deal
Chicken Drumsticks 2 x 75 g



R13
per deal
Chicken Prego Steaks 2 x 100 g



R13
per deal
Chicken Thigh Sossatie 1 x 100 g



R13
per pack
Chicken Liver Tubs 250 g



R13
per pack
Food Lover's Chicken or Smoked Viennas 330 g



R13
per deal
Oukraal Sizzler 2 x 100 g



R13
per deal
Pork Neck Sossatie 1 x 120 g

FOOD LOVER'S MARKET

Balfour Park Shopping Centre, Balfour Road, East London • Tel: 042 043 727 0060
Moffett Retail Park: Shop 1, William Moffett, Port Elizabeth • Jeffreys Bay, Tel: 042 293 0369/0370/0380
Visit www.foodloversmarket.co.za to see all our super specials.

HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE • WHILE STOCKS LAST • ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY.

