

UNB EATABLE
UNB E LIEVABLE
UN S TOPPABLE
UN T OUCHABLE



SPECIALS VALID MON 7 - SUN 20 SEP 2026

FOOD LOVER'S MARKET

UNBEATABLE

More fresh for your money. From everyday staples to seasonal favourites, we work hard to make sure your trolley goes further.

value

693

Farmers supported

492

Varieties of fruit

369

Varieties of vegetables

135

Local suppliers

72

Focused, passionate
and committed buyers

33

Years of experience

1

Largest buyer from
municipal markets and
direct from farmers

**AS SEEN
ON TV**

COMBO

1 x White Button
Mushroom Punnet 200 g,
2 x Tomato
Thriftpacks 1 kg

R50



Cocktail Tomato
Punnets 200 g

2 for

R25



White Button
Mushroom Punnets
200 g

2 for

R35



Lettuce
Prepacks

2 for

R30



Cauliflower or
Broccoli Prepacks

any 2 for

R39



Sweetcorn
Prepacks 4s

R29

each



Green Bean
Bags 600 g

2 for

R50



Food Lover's Jumbo
Salad Bowls 250 g

2 for

R50



Food Lover's Four Leaf
120 g, Mixed Seasonal
150 g or Herb Salad
Packs 140 g

any 2 for

R35



Food Lover's Butternut,
Pumpkin & Sweet Potato
500 g or Herbed Butter
Baby Potatoes 600 g

any 2 for

R35



Food Lover's Broccoli or
Cauliflower & Broccoli
Florets 300 g

any 2 for

R35



Food Lover's
Potjiekos Mix 650 g

2 for

R50



COMBO

1 x Peeled Garlic
Tub 75 g,
1 x Peeled Onion
Thriftpack 1 kg

R50



Green Pepper
Thriftpacks 4s

2 for

R50



Carrot
Thriftpacks 1 kg

2 for

R25



Potjie Potato
Thriftpacks 1 kg

2 for

R25



Tomato
Thriftpacks 1 kg

2 for

R35



Potato
Pockets 7 kg

49⁹⁹
each



Large Mondial
Potato Pockets
10 kg

R99
each



COMBO

1 x Potato Pocket 7 kg,
1 x Carrot Bag 3 kg,
1 x Onion Bag 3 kg,
1 x Orange Sweet Potato Bag 2 kg,
1 x Tomato Bag 2 kg

R199

THE BEST
IN FRESH
GUARANTEED!

FOOD LOVER'S MARKET

SPECIALS VALID MON 7 - SUN 20 SEP 2026 • ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY
HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE

UNBELIEVABLE

There's always something fresh to discover.
With hundreds of varieties of fruit and veg sourced
throughout the year, there's more choice for every
meal, every season and every budget.

range



Green Kiwifruit
3 for
R29



Large Avocados
4 for
R49



NEW SEASON!
Watermelon Quarters
39⁹⁹ each



AS SEEN ON TV
COMBO
2 x Pineapples,
1 x Banana Thriftpack 700 g
R50



NEW SEASON!
Spanspek or Winter Melons
49⁹⁹ each



Avocado Thriftpacks 1 kg
2 for
R49



Red or White Grape Punnets
R49 each



I'M NEW!
Envy Apple Bags 1.5 kg
R39 each



Banana Thriftpacks 700 g
2 for
R39



Oranges, Lemons, Naartjies or Grapefruit
12⁹⁹ per kg



Braeburn, Cripps Pink, Fuji or Granny Smith Apple Econopacks 1.5 kg
any 2 for
R50



Orange, Lemon or Naartjie Thriftpacks 1 kg
any 2 for
R25



COMBO
1 x Orange Pocket,
1 x Naartjie Tray
R50



Strawberry Punnets 250 g
2 for
R39



Large Strawberry Boxes 1 kg
79⁹⁹ each



Blueberry Punnets 125 g
2 for
R39



AS SEEN ON TV
COMBO
2 x Strawberry Punnets 250 g,
1 x Blueberry Punnet 125 g
R50

UNTOUCHABLE

prices

Our buyers are at the market every day, negotiating hard so we can bring you great value on the fresh food you love.



Your leaders in fresh since 1993.

For 33 years, we've proudly brought you the absolute best offering of fresh produce at the best prices.

No one does fresh like we do fresh. It's in our roots. It's who we are. And we're only getting started.

UNSTOPPABLE

Our buyers hand-pick fresh your fruit and veg every day, bringing you quality, freshness and plenty of choice.

passion



THE BEST
IN FRESH
GUARANTEED!

FOOD LOVER'S MARKET

SPECIALS VALID VALID MON 7 - SUN 20 SEP 2026

AVAILABLE AT SELECTED FOOD LOVER'S MARKET STORES IN THE INLAND REGION: GAUTENG, LIMPOPO, NORTH WEST, MPUMALANGA, FREE STATE AND NORTHERN CAPE. EXCLUDING FOOD LOVER'S EATERY THE MARC, BRAAMFONTEIN, BANK CITY AND ROSEBANK. VISIT WWW.FOODLOVERSMARKET.CO.ZA TO SEE ALL OUR SUPER SPECIALS.



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