

# FOR THE LOVE OF VALUE

UNBEATABLE DEALS. UNBEATABLE SAVINGS.

AS SEEN ON TV



**COMBO**  
2 x Strawberry  
Punnets 250 g,  
1 x Blueberry  
Punnet 125 g  
**R50**



**COMBO**  
2 x Pineapples,  
1 x Banana  
Thriftpack 700 g  
**R50**



**COMBO**  
1 x White Button  
Mushroom  
Punnet 200 g,  
2 x Tomato  
Thriftpacks 1 kg  
**R50**



Large Avocados  
4 for  
**R49**



Red or White Grape  
Punnets  
**R49**  
each



Braeburn, Cripps Pink,  
Fuji or Granny Smith  
Apple Econopacks 1.5 kg  
any 2 for  
**R50**



**COMBO**  
1 x Orange Pocket,  
1 x Naartjie Tray  
**R50**



Potato  
Pockets 7 kg  
**49<sup>99</sup>** each



Butter-Brined  
Whole Rotisserie  
Chicken  
**79<sup>99</sup>** each



**BAKERY**

Food Lover's Rusks  
Assorted 450 g  
any 2 for  
**R140**

NEW  
RECIPE

**BUTCHERY**



**AS SEEN  
ON TV**  
Chicken Thigh  
Sosaties Assorted  
**99<sup>99</sup>**  
per kg



**AS SEEN  
ON TV**  
Pork Rib & Loin  
Chops  
**79<sup>99</sup>**  
per kg



**AS SEEN  
ON TV**  
Bulk Kameelhout  
Boerewors  
**99<sup>99</sup>**  
per kg



**BIG DEAL  
WEDNESDAY**  
16-Piece Chicken  
Braai Packs  
**39<sup>99</sup>**  
per kg  
VALID WED 16 SEP  
2026 ONLY!



Home of  
Lekker  
Braai

All your braai favourites for less



Sweetcorn  
Prepacks 4s  
**R29**  
each

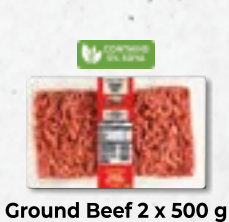
Lamb Packs  
with Stew  
**179<sup>99</sup>**  
per kg

Pork Packs  
**59<sup>99</sup>**  
per kg

Pork Sausages  
3 x 400 g  
**R100**  
per deal



Chicken Flatties  
Assorted  
**59<sup>99</sup>**  
per kg



Ground Beef 2 x 500 g  
**99<sup>99</sup>**  
per pack



12-Piece Chicken  
Fillets  
**79<sup>99</sup>**  
per kg



Catering  
Bacon 1 kg  
**89<sup>99</sup>**  
per pack

**FOOD  
LOVER'S  
MARKET**

**SPECIALS VALID MONDAY 14 - SUNDAY 20 SEPTEMBER 2026**  
**MENLYN**

SHOP G197, MENLYN MALL, ATTERBURY ROAD, PRETORIA, 0063  
VISIT [WWW.FOODLOVERSMARKET.CO.ZA](http://WWW.FOODLOVERSMARKET.CO.ZA) TO SEE ALL OUR SUPER SPECIALS.

ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • WHILE STOCKS LAST • E&OE

**THE BEST  
IN FRESH  
GUARANTEED!**

# FOR THE LOVE OF VALUE

UNBEATABLE DEALS. UNBEATABLE SAVINGS.

TRADING HOURS: MON-THUR: 08:00 - 20:00 FRI & SAT: 08:00 - 21:00 SUN: 08:00 - 18:00



Strawberry  
Punnets 250 g

2 for  
**R39**



Blueberry  
Punnets 125 g

2 for  
**R39**



NEW  
SEASON!

Watermelon  
Quarters

**39<sup>99</sup>**  
each



NEW  
SEASON!

Spanspek or  
Winter Melons

**49<sup>99</sup>**  
each



Banana  
Thriftpacks 700 g

2 for  
**R39**



Orange, Lemon or  
Naartjie Thriftpacks 1 kg

any 2 for  
**R25**



Large Strawberry  
Boxes 1 kg

**79<sup>99</sup>**  
each



Envy Apple  
Bags 1.5 kg

**R39**  
each



Cauliflower, Broccoli or  
Caulibroc Prepacks

any 2 for  
**R39**



Cocktail Tomato  
Punnets 200 g

2 for  
**R25**



Food Lover's  
Potjiekos Mix 650 g

2 for  
**R50**



Food Lover's Butternut,  
Pumpkin & Sweet Potato  
500 g or Herbed Butter  
Baby Potatoes 600 g

any 2 for  
**R35**



Food Lover's Broccoli or  
Cauliflower & Broccoli  
Florets 300 g

any 2 for  
**R35**



Green Bean  
Bags 600 g

2 for  
**R50**



Green Pepper  
Thriftpacks 4s

2 for  
**R50**



**COMBO**  
1 x Peeled Garlic  
Tub 75 g,  
1 x Peeled Onion  
Thriftpack 1 kg

**R50**



**COMBO**

1 x Potato Pocket 7 kg,  
1 x Carrot Bag 3 kg,  
1 x Onion Bag 3 kg,  
1 x Orange Sweet Potato  
Bag 2 kg,  
1 x Tomato Bag 2 kg

**R199**



Large Mondial  
Potato Pockets  
10 kg

**R99**  
each

## GROCERIES



Clover Butro Butter  
Spread 500 g

2 for  
**R165**



Food Lover's Baked Beans  
in Tomato Sauce 410 g

4 for  
**R50**



Tastic Long Grain  
Parboiled, White or Brown  
Rice 2 kg

**28<sup>99</sup>**  
each



Pepsi Regular, Zero Sugar,  
Light or 7Up Sugar Free 2 L

any 3 for  
**R40**

**WEDNESDAY:**  
**5%** PENSIONER  
DISCOUNT

**FREE PARKING SAT & SUN**  
**BETWEEN 8:00 - 14:00**  
**MINIMUM SPEND R600**

**THURSDAY:**  
**5%** STUDENT  
DISCOUNT



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