

FOR THE LOVE OF VALUE

UNBEATABLE DEALS. UNBEATABLE SAVINGS.

AS SEEN ON TV



COMBO
2 x Strawberry
Punnets 250 g,
1 x Blueberry
Punnet 125 g
R50



COMBO
2 x Pineapples,
1 x Banana
Thrifthpack 700 g
R50



COMBO
1 x White Button
Mushroom
Punnet 200 g,
2 x Tomato
Thrifthpacks 1 kg
R50



English Cucumbers
2 for
R25

Large Avocados
3 for
R29



Jam Tomatoes
11⁹⁹
per kg

Naartjie Trays or
Orange Pockets
any 2 for
R50

COMBO
1 x Potato Pocket 7 kg,
1 x Carrot Bag 3 kg,
1 x Onion Bag 3 kg,
1 x Orange Sweet
Potato Bag 2 kg,
1 x Tomato Bag 2 kg
R199



Carrot
Thrifthpacks 750 g
2 for
R20

Lettuce Prepacks
2 for
R30

Red or White
Grape Punnets
R49
each

GROCERIES



Chez Large
Eggs 18s
39⁹⁹
each

Albany Superior Thick Sliced or
Unslice Brown Bread 700 g
any 3 for
R45

Spring Meadow Full
Cream Milk 2 L
27⁹⁹
each

Tastic Long Grain
Parboiled, White or Brown
Rice 2 kg
28⁹⁹
each

BUTCHERY



**AS SEEN
ON TV**
Bulk Kameelhout
Boerewors
99⁹⁹
per kg



**AS SEEN
ON TV**
Pork Rib & Loin
Chops
79⁹⁹
per kg



**AS SEEN
ON TV**
Chicken Thigh
Sosaties Assorted
99⁹⁹
per kg



**BIG DEAL
THURSDAY**
Whole Chicken
39⁹⁹
per kg
VALID THUR 17 SEP
2026 ONLY!



Whole or Half Lamb
124⁹⁹
per kg

Ground Beef 2 x 500 g
99⁹⁹
per pack

Chicken Flatties
Assorted
59⁹⁹
per kg

12-Piece Chicken
Fillets
79⁹⁹
per kg



HOT FOODS

Butter-Brined
Whole Rotisserie
Chicken
79⁹⁹
each



BAKERY

San Francisco or
Cheese & Onion
Sourdough Bread
29⁹⁹
each



Home of Lekker Braai

All your braai favourites for less



Sweetcorn
Prepacks 4s
R29
each



Lamb Packs
with Stew
179⁹⁹
per kg



Pork Packs
59⁹⁹
per kg



Pork Sausages 3 x 400 g
R100
per deal

**FOOD
LOVER'S
MARKET**



SPECIALS VALID MONDAY 14 - SUNDAY 20 SEPTEMBER 2026

SPRINGFIELD PARK, SHOP 2, ILALA AVENUE, THE HOME CENTRE, SPRINGFIELD PARK, TEL: 031 263 0487/031 263 0090/2731
• VISIT WWW.FOODLOVERSMARKET.CO.ZA TO SEE ALL OUR SUPER SPECIALS

NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE • WHILE STOCKS LAST • ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY.

**THE BEST
IN FRESH
GUARANTEED!**

